

VOLLEYBALL LEAGUES



ADULT INDOOR VOLLEYBALL LEAGUE Age 18+

The season consists of 7 weeks of regular season play with two weeks of playoffs (one week guaranteed). Games are played at either Emerson High School or Kamiakin Middle School with 7:15pm, 8:20pm or 8:50pm start times depending on the division.

WOMEN'S UPPER DIVISION– BB Level

The Women's Upper Division is for teams with intermediate to **above average skill level**, have in depth knowledge of offensive and defensive game play and can use advanced strategies to be successful. Matches on Monday nights. No matches on Oct. 31st.

Fall	Mon	Sept 19–Nov 14	7:15 or 8:20pm	49970
Winter	Mon	Jan 9–Mar 13	7:15 or 8:20pm	49976
Spring	Mon	Mar 27–May 15	7:15 or 8:20pm	50037

WOMEN'S LOWER DIVISION–B Level

The Women's Lower Division is for teams with **average to intermediate skill level** meaning, abilities more advanced than a beginner. Players understand the game and are able to perform some of the necessary skills required to be successful. Matches on Monday nights. No matches on Oct. 31st.

Fall	Mon	Sept 19–Nov 14	7:15 or 8:20pm	49971
Winter	Mon	Jan 9–Mar 13	7:15 or 8:20pm	49977
Spring	Mon	Mar 27–May 15	7:15 or 8:20pm	50038

COED UPPER DIVISION– BB Level

The COED Upper Division is for teams with intermediate to **above average skill level**, have in depth knowledge of offensive and defensive game play and can use advanced strategies to be successful. Matches on Tuesday nights.

Fall	Tues	Sept 20–Nov 8	8:20 or 8:50pm	49972
Winter	Tues	Jan 10–Feb 28	8:20 or 8:50pm	49978
Spring	Tues	Mar 21–May 16	8:20 or 8:50pm	50039

COED LOWER DIVISION– B Level

The COED Lower Division is for teams with **average to intermediate skill level** meaning more advanced than a beginner. Players understand the game and are able to perform some of the necessary skills required to be successful. Matches on Tuesday nights.

Fall	Tues	Sept 20–Nov 8	8:20 or 8:50pm	49973
Winter	Tues	Jan 10–Feb 28	8:20 or 8:50pm	49979
Spring	Tues	Mar 21–May 16	8:20 or 8:50pm	50040

COED C DIVISION

The COED "C" Division is our least competitive division that's great **for beginners** who are learning the rules or those still improving their fundamental skills. Matches are on Wednesday nights.

Fall	Wed	Sept 21–Nov 9	8:20pm	49974
Winter	Wed	Jan 11–Mar 1	8:20pm	49980
Spring	Wed	Mar 22–May 17	8:20pm	50041

Free Agent Team– COED C Division

Are you looking for a team to join? Do you have a couple friends that want to play volleyball but don't have enough to have your own team? Then you're in luck! We are offering a free agent team for our COED C division of volleyball that will play on Wednesday nights. For a flat fee of \$40 you can join the team as an individual. We need a minimum of 6 players (minimum of 3 men and 3 women) in order to form the team.

Fall	Wed	Sept 21–Nov 9	8:20pm	49975
Winter	Wed	Jan 11–Mar 1	8:20pm	49981
Spring	Wed	Mar 22–May 17	8:20pm	50042

SPRING REGISTRATION OPENS JANUARY 4, 2017

OPEN GYM SUNDAYS

Basketball and Volleyball courts available. Individuals or teams welcome.

Sundays • 5–8pm

Kamiakin Middle School
14111 132nd Ave NE, Kirkland

Fall Gym: Sept 18–Dec 11

Winter Gym: Jan 8–Mar 26

No open gym: Nov 20, Dec 18 & 25,
Feb 5 & 19 and Mar 15

\$4.00 per person

Includes Sales Tax

BILLS OVER \$10 NOT ACCEPTED

Call 425.587.3335 for gym
closure info. 18 and older.



AGE 55+ SOFTBALL RECRUITMENT IS IN FULL SWING!

See page 58 or call
Rich Mialovich 425.827.1109

For more information on
our adult sport league
offerings, log on to
kirklandwa.gov/athletics

Or LIKE our Facebook
page **facebook.com/
kirklandsportsleagues**



Golf Instruction

Learn to play golf in the comfortable atmosphere of the Redwood Golf Center in Woodinville. A PGA instructor teaches group lessons. Learn basic golf, grip stance, swing, rules and etiquette. By the end of this 4-part series you will be able to play on the golf course. Bring your own clubs or try the Golf Center's demo clubs.

Location: Redwood Golf Center, 13029 Redmond-Woodinville Rd NE, Woodinville • Min 6 / Max 12 • 4 classes

Sr Resident \$89 / Sr Non-Resident \$99

Non-Sr Resident \$97 / Non-Sr Non-Resident \$119

Fri	10–11am	Sept 2–23	49283
Fri	10–11am	Oct 7–28	49284
Fri	10–11am	Nov 4–25	49285
Fri	10–11am	Jan 6–27	49286
Fri	10–11am	Feb 3–24	49287

Softball Recruitment is in Full Swing!

If you are age 55+ and have played softball or simply want to play (no experience required), recruitment for the new 2017 season is underway! The two men's teams, "Moss Bay Hawks" and "Kirkland Owls" were a hit in 2016! After a long winter break, team players are now dusting off their bats to begin practice in March 2017. Everyone is gearing up for another fantastic season of league play, May through July. These two recreational teams play in the Puget Sound Senior Softball Association and are not affiliated with City of Kirkland Parks and Community Services recreation league.

For more information call Rich Mialovich 425.827.1109

Ice Skating All Ages

Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating. Whether you are a beginner or would like to enhance your present skill level (figure skating or ice hockey), we encourage children and adults to join. Students will be divided into their skill level and age level. Skates will be provided and helmets are highly recommended.

Location: SnoKing Arena, 14326 124th Ave NE, Kirkland • 30 minutes instruction and 30 minutes practice/free skating time • Arrive ½ hour early to get skates on • Wear warm clothes, jacket and gloves • No class 11/23, 11/26, 3/25 • Registration deadline: 1 week prior to first class

Fall Classes

6 weeks • Resident \$121 / Non-Resident \$162

Ages 5-Adult Wed 6-7pm Sept 7-Oct 12 49344

Ages 5-Adult Sat 9:10-10:10am Sept 10-Oct 15 49345

7 weeks • Resident \$142 / Non-Resident \$170

Ages 4-Adult Tues 10:45-11:45am Sept 13-Oct 25 49343

Ages 5-Adult Wed 6-7pm Oct 26-Dec 14 49348

Ages 5-Adult Sat 9:10-10:10am Oct 29-Dec 17 49347

Ages 4-Adult Tues 10:45-11:45am Nov 1-Dec 13 49346

Winter Classes

6 weeks • Resident \$121 / Non-Resident \$162

Ages 5-Adult Sat 9:10-10:10am Jan 7-Feb 11 49359

Ages 5-Adult Sat 9:10-10:10am Feb 25-Apr 8 49360

7 weeks • Resident \$142 / Non-Resident \$170

Ages 4-Adult Tue 10:45-11:45am Jan 3-Feb 14 49355

Ages 5-Adult Wed 6-7pm Jan 4-Feb 15 49357

Ages 4-Adult Tue 10:45-11:45am Feb 21-Apr 4 49356

Ages 5-Adult Wed 6-7pm Feb 22-Apr 5 49358